

**TITLE OF REPORT: CAMHS New Structure**

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### **Purpose of the Report**

1. To provide an update to the Health & Wellbeing Board on the CAMHS New Structure.

### **Background**

2. Children and young people's mental health services (CYPS) for Newcastle and Gateshead have adapted and changed dramatically over the past year to incorporate the shift in demand and capacity and the new commissioned "lead provider" contract.
3. Northumberland, Tyne and Wear Foundation Trust (NTW) have begun leading the work to transform the CYPS pathway across the Newcastle and Gateshead patch with a clear goal of moving more towards early intervention and prevention.

### **Update**

4. The 1<sup>st</sup> April 2019 saw a change in the commissioning of Children's mental health services from the CCG. NTW became the lead provider directly commissioning 5 VSOs:
  - Streetwise
  - NE Counselling
  - Counselling Northeast
  - Kalmer Counselling / EWT
5. This new contract allowed for Children's mental health provider services to all come under one umbrella, to be able to capture and monitor the demand, capacity and footprint of children's mental health demand and outcomes city wide. Within the first year of the arrangement a consolidation and review of the existing service model will occur leading to transformation plans from year two going forward.
6. The VSO's have come together with NTW to provide the "getting help" and "getting more help" (previously Tier 2 and Tier 3 services) service in Newcastle and the getting more help service only in Gateshead. It is important that all the providers consider the holistic needs of the child/young person and where appropriate delivers a wide range of support which may include access to therapies and therapeutic activities. The lead provider model supports this need.

7. All these services contracts receive their referrals through the single point of access (SPA) situated within the NTW children service. The SPA provides a fully integrated and direct clinician support for all providers and all referrers to children's mental health services. Thus providing a quicker and more robust platform for ensuring young people are directed to the most appropriate service to meet their current needs. The SPA is the first point of contact for all requests for advice and referrals for emotional health and wellbeing, mental health treatment and support. The benefit of the SPA is it allows co-ordinate access to Getting More Help, emergency and out-of- hours provision to reduce complexity of entry and navigation to support systems for children, young people, their families and workers.
8. The SPA is led by a clinician who allows clinical decision making and interaction at access point by gathering information.
9. To date the lead provider model is working well with no significant issues to report. Contract meetings, pathway review meetings and weekly SPA meetings have been established and taken place throughout quarter one. The performance data now captures all providers' data in order to provide a full picture of the Childrens and Young persons' pathway. Significant work has also taken place in quarter one regarding clients waiting over 18 weeks for both assessment and treatment. This targeted work has resulted in a significant reduction in over 18 weeks. SPA continues to work well with a significant increase in referrals to SPA from GP practices, education and other health and social care organisations.
10. NTW and the other providers thrive to improve the service and therefore all the mental health providers meet weekly in which to review and adapt the pathways to identify any gaps in provision and meet the needs of our clients.

## **Recommendations**

11. The Health and Wellbeing Board is asked to consider the update on the new CAMHS structure.

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